Strengthening Research in Integrative Healthcare Around the World

POCKET GUIDE

PORTLAND, OR
MAY 15-18, 2012

Portland Marriott
Downtown Waterfront
The Congress organizers would like to express their sincere gratitude to the 2012 funders for their generous support.
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Plan to Attend

May 13–16, 2014

Hyatt Regency Miami
Miami, Florida

www.IRCIMH2014.org
The Congress would like to thank the following publishers for their support.

www.biomedcentral.com
Official Publisher of the 2012 Congress

www.elsevier.com

www.liebertpub.com

www.naturalstandard.com

www.gahmj.com

The Congress would also like to recognize the following Participating Organizations for their partnership and commitment to the success of the Congress.

Academic Consortium for Complementary and Alternative Health Care (ACCAHC)

Alliance for Massage Therapy Education

American Academy of Pain Management

American Art Therapy Association

American College of Lifestyle Medicine

American Institute of Homeopathy

American Massage Therapy Association

American Music Therapy Association

American Psychosomatic Society

Argentine Association of Integrative Medicine

Association of Ayurvedic Professionals of North America

Australasian Integrative Medicine Association

CAMbrella (European Research Network on CAM)

Canadian Interdisciplinary Network for CAM Research (IN-CAM)

Canadian Pediatric Complementary and Alternative Medicine Network
Participating Organizations

Center for Integrative Medicine in Public Health

Cochrane Collaboration CAM Field

Council of Colleges of Acupuncture and Oriental Medicine

European Society of Integrative Medicine

Global Alliance of Traditional Health Systems (GATHS)

Institute for the Preservation of Medical Traditions

Institute of Integrative Pain Management

International Association of Medical Science Educators

International Association of Yoga Therapists

International Network of Integrative Mental Health (INIMH)

International Society for Complementary Medicine Research (ISCMR)

International Society for Japanese Kampo Medicine

Israel Society for Complementary Medicine

Japanese Society for Acupuncture (JSAM)

KaMaH-Israel Assn for Health-Promoting Therapies

Mind-Body Spirit Society of India

Nationaal Informatie en Kenniscentrum Integratieve Geneeskunde (NIKIM) (National Information Center on Integrative Medicine) Netherlands

National Cancer Institute, Office of Cancer Complementary and Alternative Medicine

National Certification Commission for Acupuncture and Oriental Medicine

National Institute of Complementary Medicine (NICIM)

Naturopathic Physicians Research Institute

Network of Researchers in the Public Health and Health Services Research of Complementary and Alternative Medicine (NorphCAM)

NW Yoga Therapy Collaborative

Society for Acupuncture Research

Society for Arts in Healthcare

Society for Integrative Oncology

South Asian Society on Atherosclerosis and Thrombosis
Welcome

Welcome to the 2012 International Research Congress on Integrative Medicine and Health. We are pleased to welcome you to Portland, Oregon for the most comprehensive scientific research conference in the field of complementary and integrative medicine. This meeting is sponsored by the Consortium of Academic Health Centers for Integrative Medicine (CAHCIM), and also serves as the 7th International Congress on Complementary Medicine Research sponsored by the International Society for Complementary Medicine Research (ISCMR).

As you will see in the Pocket Guide, this year’s Congress features a full program of outstanding plenary speakers, a variety of symposia and workshops, 65 oral abstract presentations and over 400 posters presentations. There are also special events planned for trainees and new investigators, and a host of lunchtime activities. We are grateful to the funders who helped support the Congress and the many academic and professional organizations that join us. We invite you to fully participate in the scientific sessions and enjoy the warm hospitality of the Congress and the city of Portland.

Aviad Haramati, PhD
Chair, Organizing Committee

Adam Perlman, MD, MPH
Past-Chair, CAHCIM

Claudia Witt, MD, MBA
President, ISCMR
Facts
• Over 950 registrants are attending the 2012 Congress, representing 32 different countries.
• 694 scientific abstracts were submitted to the Congress, and 81% of the submitted abstracts were accepted.
• Over 200 members in the field of integrative medicine and health participated in the scientific abstract review.
• Over 250 Trainees, Students, and New Investigators registered for the Congress.

Goals
IRCIMH’s mission is to foster the development of new collaborations and to strengthen existing partnerships. This Congress will showcase original scientific research through eight plenary sessions, 16 oral abstract sessions, 30 concurrent sessions, numerous special interest lunch sessions, over 400 poster presentations, and experiential sessions such as yoga, tai chi and meditation. Areas of integrative medicine and health research presented and discussed at the Congress include basic science, clinical research, education, research methodology, and health services. The Consortium is committed to making this premiere integrative medicine and health congress an international focal point for this wealth of talent and resources.

Venue
Portland Marriott Downtown Waterfront
1401 SW Naito Parkway
Portland, Oregon 97201 USA

Registration Hours
Tuesday, May 15 08:00 – 19:00 – Hawthorne/Belmont, Level 2
Wednesday, May 16 07:00 – 19:00 – Registration Desk, Lower Level 1
Thursday, May 17 07:30 – 17:00 – Registration Desk, Lower Level 1
Friday, May 18 07:30 – 18:00 – Registration Desk, Lower Level 1

BioMed Central Publishing
The Congress is pleased to partner with BioMed Publishing for the online publication of the oral and poster abstracts presented at the Congress. All accepted abstracts will be available, open access, online after the Congress. http://www.biomedcentral.com/bmccomplementalternmed/supplements/12/S1

Webcasting
The plenary sessions will be webcast and available on the Congress website two weeks after the conclusion of the Congress.

Recording and Publicity Policy
Each registrant grants the Congress the right to photograph participants and to use such photographs and the names of attendees in materials which either represent the proceedings of the congress or promote future congresses. Except for the official congress photographer, no picture taking will be allowed in the congress sessions. Photographing, video recording and audio recording without permission is strictly prohibited.
Congress Information

Speaker Check-In for Oral Abstract and Plenary Session Presenters
Portland Room, Lower Level 1

All oral abstract and plenary session presenters must upload their final presentation prior to presenting at Speaker Check-In during the designated days and times noted below. This schedule is in place to ensure that all sessions run smoothly. Failure to submit your presentation on schedule could result in errors and/or missing information in your presentation.

Computers will be provided on site and equipped with the latest software for Macs and PCs. Presentations must be submitted on USB stick. Personal laptops may not be used. Powerpoint or Keynote are the only acceptable presentation formats.

Presentation Date          Your Presentation is Due On:  
-------------------------------  -------------------------------
Wednesday, May 16            Tuesday, May 15 between 17:00 – 20:00  
Thursday, May 17             Wednesday, May 16 between 07:30 – 16:45  
Friday, May 18               Thursday, May 17 between 07:30 – 13:30  

Attention Concurrent Session Presenters

Please contact the session organizer to finalize the details of transferring your presentation files. Concurrent session presenters are not required to check-in at Speaker Check-In.

Poster Session Information

A Poster Session and Participating Organization Floor Plan is available in the Exhibit Hall on Lower Level 2.

Posters not removed during the designated dismantle times will be discarded.

Poster Session 01 on Wednesday, May 16 from 17:00 – 18:30
Setup: Tuesday, May 15 from 16:30
Dismantle: Wednesday, May 16 at 18:30

Poster Session 02 on Thursday, May 17 from 17:15 – 18:45
Setup: Wednesday, May 16 from 19:00
Dismantle: Thursday, May 17 at 18:45

Poster Session 03 on Friday, May 18 from 09:30 – 10:30
Setup: Thursday, May 17 from 19:00
Dismantle: Friday, May 18 by 17:00

Continuing Education Credits

Cost: $65

Attendees were given the option at the time of registration to purchase CME credits. In order to receive your CME credits, you must:

- Have registered and paid the $65 fee
- Complete the attendance verification form (available at the CME table at registration) and return by the end of the Congress
- Complete the online evaluation by Friday, May 25. The evaluation form will be sent to the email address you used to register for the Congress.
Meals
The Congress registration fee includes the following meals:
• Welcome Reception on Tuesday evening and Poster Receptions on Wednesday and Thursday evenings
• Healthy, hearty continental breakfast and refreshment breaks on Wednesday, Thursday, and Friday
• Box lunch on Wednesday, Thursday, and Friday

Special Meal Requests
Special dietary requests were collected at the time of registration. These requests were taken into consideration during our menu planning with many special requests being accommodated. For those requests that require special preparation, the back of your name badge denotes your requests and your meals can be picked up at our special meal table by presenting your name badge.

New Investigators Welcome Reception
Tuesday, May 15
19:00 – 20:00
Salons A/D

After the formal welcome remarks at the Welcome Reception, new investigators are invited to convene in a private room adjacent to the welcome reception. Senior researchers will be joining this private reception and a brief welcome address will be given. This is a great networking opportunity and available to all registered as a New Investigator.

New Investigator Lunch Session
Pre-registration was required for this event. Space is limited.
Wednesday, May 16
12:00 – 13:15
Mt. Hood Room, Level 2

A panel of senior academic researchers including Margaret Chesney, Adam Perlman, MD, MPH, Lynne Shinto, ND, MPH, and Claudia Witt, MD, MBA will discuss various topics and experiences in becoming seasoned researchers in the field of integrative medicine. Wayne Jonas, President and CEO of the Samueli Institute will also provide introductory remarks. There will be ample time for questions with panelists.

New Investigators Informal Networking Dinner at Al Amir Lebanese Restaurant
Wednesday, May 16
Meet in lobby for an 18:30 departure.
Cost: $30 (CASH ONLY)

Restaurant information and sign-up sheets are located at the Congress Registration Desk. Please pre-register for the dinner no later than 16:00 on Wednesday, May 16. The cost of the meal ($30) is not included in the your congress registration fee and is at the expense of the individual.

The $30 fee includes: Dinner, non-alcoholic beverages, wine, and gratuity. Alternative beverages may be purchased for additional cost.
Congress Information

Site Visits

Wednesday, May 16
Pre-registration is required and space is limited. Please sign up at the Registration Desk. There is no cost to participate.

17:20 Meet the Organization’s representative in the Main Lobby of the Marriott Downtown Hotel
19:30 Return to hotel

- National College of Natural Medicine: Naturopathic Medicine, Classical Chinese Medicine, Integrative Medicine
- Oregon College of Oriental Medicine: Traditional Chinese Medicine, Integrative Medicine
- Oregon Health & Science University: Centers for Integrative Medicine, University of Western States: Chiropractic Medicine, Massage Therapy, Integrative Medicine

Yoga Therapy Breakfast Breakout

Thursday, May 17
07:00 – 08:00
Mt. Hood, Level 2

The International Association of Yoga Therapists and the Northwest Yoga Therapy Collaborative invite you to attend a breakfast breakout to bring together those interested in yoga therapy, yoga research, and professional collaboration. This is a special opportunity to meet Sat Bir Khalsa, PhD, who will be presenting “Yoga as Therapy: Rationale and Research” on Friday, May 18; IAYT & NWYTC board members; the editor of Yoga Therapy Today; and local practitioners at this interactive event, intended to highlight the latest research as well as resources in the field. There will be brief presentations and time to network with attendees. Please first get your breakfast from the buffet in the exhibit hall, then bring it to the Mt. Hood Room on Level 2. Program begins at 07:15.
Banking/ATM
The U.S. dollar is the official currency of the United States and is normally abbreviated as the dollar sign, $, USD or US$. It is divided into 100 cents.

To exchange foreign currency to USD, visit Travelex Currency Services at the Portland International Airport or one of the multiple banks located within blocks of the Portland Marriott Downtown Waterfront. Please ask the concierge for walking directions. There is also an ATM machine located in the lobby of the Marriott.

Certificate of Attendance
A detachable Certificate of Attendance is available in the Abstract Book.

Child Care
Please contact the concierge for a list of available child care providers in the Portland area.

Electricity
United States operates 110 volts AC, 60 hertz electricity, which is half of the 220 volts that many other countries use. Dual voltage appliances are recommended.

Internet Access
Internet access in the hotel lobby, coffee/bar area and guest rooms is complimentary. Internet access is not available in the meeting rooms or exhibit hall, unless purchased separately.

Language
English is the official language of the International Research Congress on Integrative Medicine and Health.

Medical Assistance
In case of an emergency, please dial 911 from any hotel house phone.

Messages
A message board is available near the Registration Desk for all delegates to use.

Mobile Phone Policy
Please ensure that your mobile phone is turned off during all sessions to avoid disrupting the presenters and other Congress attendees.

Parking
On-site parking is available at the Marriott for a rate of $8.00/hour or $30.00/day USD.
General Information

Sales Tax
Portland has no sales tax on consumed goods, and a 12.5% tax on hotel rooms.

Smoking Policy
Oregon has a very strict smoking ban in place. Portland is a smoke free city, which means that smoking is prohibited in all public places and workplaces, including all restaurants and bars. You may not smoke within 10 feet of any door or window. Violating this ban can result in a fine.

Time Zone
Portland lies within the Pacific Time Zone (PT) or Greenwich Mean Time (GMT) -7 hours.
Pre-Congress Workshops

All pre-congress workshops required pre-registration and payment of an additional fee. You can register onsite and pay for these Workshops at the Registration Desk. Onsite registration is on a space available basis.

09:00 – 17:00  Full Day Workshop

Salon F  Lower Level 1  Advancing Research Literacy
Organizers: Ather Ali, Rita Benn, Laura Lee Johnson, Peter Kozel, Samantha Simmons

09:00 – 12:00  Morning Workshops

Mt. Hood  Level 2  Evidence-based CAM: State of the Science of Chiropractic, Naturopathic and Asian & Oriental Medicine
Organizers: Heather Zwickey, Roni Evans, Cyndy Long, Ryan Milley

Pearl  Level 2  Clinical Hypnosis as an Adjunct in Peri-Operative Medicine and Pain Management in Children, Adolescents and Adult Patients
Organizers: Haleh Saadat, Rae Ann Kingsley

Columbia/Willamette  Lobby Level  Health Coaching: State of the Science
Organizers: Karen Lawson, Karen Calfas, Ruth Wolever, David Eisenberg

12:00 – 14:00  Lunch on Own

14:00 – 17:00  Afternoon Workshops

Mt. Hood  Level 2  Writing a CAM Grant: Challenges in Clinical Trial Design and Important Statistical Considerations
Organizers: Steven Simon, Richard Kotz, Cyndy Long, Sreelatha Meleth

Pearl  Level 2  Systematic Review Research Methods Training: Focus on CAM
Organizers: Eric Manheimer, Susan Wieland

Columbia/Willamette  Lobby Level  Fostering Empathy: A Hands-On Training for Healthcare Professionals
Organizers: Melanie Neumann, Orit Karieli-Miller, Hadass Goldblatt, Diethard Tauschel, Friedrich Edelhäuser, Gabriele Lutz, Christian Scheffer
Tuesday, May 15

16:30 – 20:00
Exhibit Hall
Lower Level 2

**Poster Session 01 Setup and Participating Organization Check-In**

17:00 – 20:00
Portland
Lower Level 1

**Plenary/Oral Abstract Speaker Check-In**

18:30 – 20:00
Salons E/F
Lower Level 1

**Welcome Reception**

Join us for a lovely Welcome Reception sponsored by Oregon Health & Science University and the Consortium of Academic Health Centers for Integrative Medicine. Mingle with colleagues and share in the excitement and anticipation of the official start of the Congress.

18:45 – 19:00

**Welcome Remarks**
Aviad Haramati, Congress Chair
Benjamin Kligler, Consortium Chair
Claudia Witt, ISCMR President

19:00 – 20:00
Salons A/D
Lower Level 1

**New Investigators Reception**

After the opening comments at the Welcome Reception, all New Investigators, fellows, and students are invited to gather in Salons A/D to join in a reception focused on connecting those new to the field.
06:30 – 07:15

**Experiential Sessions**

- **Meadowlark/ Douglas Fir**
  - Level 3
  - Yoga - led by Susan Gould-Fogerite

- **Sunstone**
  - Level 3
  - Resting in Awareness: An Effortless Approach to Meditation - led by John Astin

- **Salmon & Patio**
  - Level 3
  - Tai Chi - led by Peter Wayne

- **Meet in Lobby**
  - 5km jog or 2.4km walk of the Portland Bridges - led by Oregon Active (www.OregonActive.com)

07:00 – 07:15

**Registration Desk**
- Lower Level 1

07:30 – 14:45

**Plenary/Oral Abstract Speaker Check-In**
- Portland Lower Level 1

07:00 – 08:00

**Continental Breakfast Buffet**
- Exhibit Hall Lower Level 2

07:00 – 08:00

**CAHCIM Research Working Group**
- Pearl Level 2

08:00 – 09:55

**Opening Session and Plenary Sessions 01 and 02**
- Chair: Frederick Hecht

08:00 – 08:25

**Opening Remarks**
- Aviad Haramati, Congress Chair
- Joe Robertson, President, Oregon Health & Science University
- Frederick Hecht, Program Committee Chair

08:25 – 09:10

**How Positive Emotions Heal**
- Barbara Fredrickson
  - *Kenan Distinguished Professor*
  - Director, Social Psychology Doctoral Program
  - Department of Psychology at the University of North Carolina, USA
  - Director, Positive Emotions and Psychophysiology Laboratory
Program
Wednesday, May 16

09:10 – 09:55
The Neurobiology of Stress: From Mechanisms to Interventions
Sonia Lupien
Scientific Director, Mental Health Institute, University of Montreal, Canada
Professor, Department of Psychiatry at University of Montreal, Canada
Founder and Director of the Centre for Studies on Human Stress, Canada

09:55 – 10:30
Beverage Break and Poster Viewing
Exhibit Hall
Lower Level 2

10:30 – 12:00
Concurrent Sessions

Salons A/B
Lower Level 1
S01 Advances in Integrative Cardiology: State of the Science
Stephen Devries, James Dalen, Michael Davidson, Mary Jo Kreitzer, Gulshan Sethi

Salons C/D
Lower Level 1
S02 Standardizing Competencies for Integrative Medicine Clinical Fellowships
Robert Saper, Melinda Ring, Marc Brodsky, Tieraona Low Dog, Peter Heusser

Salon E
Lower Level 1
S03 Tools for Measuring and Enhancing Contextual Factors in Healing
Carol Greco, Ronald Glick, Wayne Jonas

Salon F
Lower Level 1
S04 A Window to the Brain: Neuroimaging Technologies for Integrative Medicine Research
Vitaly Napadow, Richard Harris, Richard Davidson

Salons G/H
Lower Level 1
S05 Strengthening Integrative Medicine and Health across the US Military with Research, Evidence, and Collaboration
Mona Bingham, Wayne Jonas, Joan Walter, Chester “Trip” Buckenmaier III

Salon I
Lower Level 1
S06 Conducting Research in Integrative Medicine Clinical Practices: Lessons Learned and Future Directions
Donald Abrams, Ruth Wolever, Jeffery Dusek, Elad Schiff
### Lunch Sessions

Box lunches are available for pick up in the Ballroom Foyer. If you registered for a special meal, please present your name badge at the special meals station.

<table>
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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>12:00 – 13:15</td>
<td>Lunch Sessions&lt;br&gt;&lt;br&gt;General Seating&lt;br&gt;&lt;br&gt;Exhibit Hall</td>
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<tr>
<td>Time</td>
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| 14:00 - 14:15 | Sample Size and Regions of Principally Achievable Significance in Cost Effectiveness Studies: An Example of Complementary Medicine  
T Ostermann, K Boehm, F Krummenauer |
| 14:15 - 14:30 | The Effectiveness and Cost Effectiveness of Acupressure for Chemotherapy-Related Nausea  
J Hughes, A Molassiotis, W Russell, M Breckons, M Lloyd-Williams, J Richardson |
| 13:30 – 14:30 | Oral Abstract Session 02: Clinical: CAM/IM on Biological Outcomes of Clinical Significance  
Chairs: Josephine Briggs and Frederick Hecht |
| 13:30 - 13:45 | Effect of Macronutrient Composition of Weight Loss Diets on Reduction of the Inflammatory Marker hsCRP  
J Nicklas, F Sacks, S Smith, M LeBoff, J Rood, G Bray, P Ridker |
| 13:45 - 14:00 | Effect of MBSR and Psychological State on Inflammatory Markers in HIV Positive Adults  
E Weston, P Moran, M Acree, J Moskowitz, M Kemeny, E Elissa, P Bacchetti, K Barrows, S Deeks, F Hecht |
| 14:00 - 14:15 | Nutrient Biomarker Patterns and Rates of Cognitive Decline in Dementia-Free Elders  
G Bowman, J Quinn, J Kaye, J Shannon |
| 14:15 - 14:30 | Integrative Health Coaching: The Accumulating Research at Duke IM  
J Kosey, L Simmons, A Perlman, L Smith, R Wolever |
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<th>Time</th>
<th>Session</th>
<th>Title</th>
<th>Authors</th>
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<tr>
<td>13:30 – 14:30</td>
<td>Oral Abstract Session 03:</td>
<td>Clinical: Acupuncture Efficacy and Effectiveness</td>
<td>Richard Hammerschlag and Vitaly Napadow</td>
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<td>Salon F</td>
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<tr>
<td>13:45 - 14:00</td>
<td>Acupuncture For Back Pain:</td>
<td>Predicting Attendance at Appointments</td>
<td>F Bishop, L Yardley, C Cooper, P Little, G Lewith</td>
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<tr>
<td>14:00 - 14:15</td>
<td>The Effect of Acupuncture on</td>
<td>Post Cancer Fatigue and Wellbeing for Women Recovering from Breast</td>
<td>C Smith, J Ussher, J Perz, B Carmady</td>
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<td>OA03.01</td>
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<td>Salons G/H</td>
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<td>13:45 - 14:00</td>
<td>Mechanisms of Growth Inhibition</td>
<td>Pancreatic Cancer by Omega-3 Polyunsaturated Fatty Acids</td>
<td>M Chen, V Go, O Hines, G Eibl</td>
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<td>OA04.01</td>
<td>OA04.02</td>
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Neural Responses to the Mechanical Characteristics of a Spinal Manipulation: Effect of Varying Direction of the Applied Thrust Force
J Pickar, W Reed, C Long, G Kawchuk

Changes in Physiological and Psychological Markers of Stress in Hospital Personnel after a Low-Dose Mindfulness-Based Worksite Intervention
M Klatt, B Steinberg, D Marks, A Duchemin

Break

Concurrent Sessions

Salon A/B Lower Level 1
S07 Creating a Working Definition of a Disciplines Research
John Weeks, Martha Menard, Greg Cramer, Carlo Calabrese, Belinda Anderson, David Rakel

Salon C/D Lower Level 1
S08 Using Observational Studies and Secondary Data Analyses for Research on Complementary and Integrative Healthcare (CIH)
Chair: Josephine Briggs
Richard Nahin, Annette Fitzpatrick, Jeffery Dusek, Ryan Bradley

Salon E Lower Level 1
S09 Real World Studies of Complementary and Alternative Medicine: Rigorous Study Designs that Increase Generalizability
Wendy Weber, Peter Wayne, William Elder, Leanna Standish

Salon F Lower Level 1
S10 CAM and CANCER: Communicating the Research Status to Healthcare Professionals and Patients
Barbara Wider, Vinjar Fonnebo, Markus Horneber
Program
Wednesday, May 16

Salon G/H
Lower Level 1
S11  Teaching Evidence Based Practice in a CAM Environment: the Experience at Western States
Darcy Vavrek, David Peterson, Ron LeFebvre, Mitch Haas

Salon I
Lower Level 1
S12  Cambrella: A Pan-European Research Network for Complementary and Alternative Medicine
Wolfgang Weidenhammer, Johanna Hoek, George Lewith, Klaus von Ammon

15:45 – 16:15
Beverage Break and Poster Viewing
Exhibit Hall
Lower Level 2

16:15 – 17:00
Plenary Session 03
Chair: Mary Jo Kreitzer
Salons E/F
Lower Level 1

Placebo Therapy as an Ethical Alternative
Irving Kirsch
Associate Director, Program in Placebo Studies and the Therapeutic Encounter, Harvard Medical School, USA
Beth Israel Deaconess Medical Center, USA
Professor Emeritus, University of Hull & University of Connecticut, USA

17:00 – 18:30
Poster Session 01 and Reception
Exhibit Hall
Lower Level 2

Poster Session 01 and the Reception are sponsored by the Weil Foundation. The Poster Reception is a wonderful opportunity to interact with colleagues and discuss the science presented on the posters and at the Congress.

Basic Science P01.01 – P01.21
Clinical Research P02.01 – P02.74
Education P03.01 – P03.07
Health Services Research P04.01 – P04.41
Research Methodology P05.01 – P05.23
17:20 – 19:30
Off Site, Meet in Lobby

Local Organization Site Visits

The following local organizations are offering complimentary tours of their facilities. Space is limited and you must sign-up at the Congress Registration Desk.

Site Visit Destinations
- National College of Natural Medicine: Naturopathic Medicine, Classical Chinese Medicine, Integrative Medicine
- Oregon College of Oriental Medicine: Traditional Chinese Medicine, Integrative Medicine
- Oregon Health & Science University: Centers for Integrative Medicine
- University of Western States: Chiropractic Medicine, Massage Therapy, Integrative Medicine

Tour Schedule
- 17:20 Meet site visit guide at Portland Marriott Waterfront lobby
- 17:30 Depart from Marriott
- 18:00 Arrive at site visit destination and begin tour/reception
- 19:30 Arrive back at Portland Marriott Waterfront hotel

Evening Events
18:30 – 19:30
Iscmr Annual General Membership Meeting
Salons A/B
Lower Level 1

18:30 – 19:30
Integrative Mental Health Group of CAH CIM and the International Network of Integrative Mental Health (INIMH)
Salons G/H
Lower Level 1
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<tr>
<th>Time</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>18:30</td>
<td>New Investigators Networking Dinner</td>
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**Al Amir Lebanese Restaurant**
223 SW Stark St.
Portland, OR 97204

Cost: $30 (CASH ONLY)
Includes: Dinner, non-alcoholic beverages, wine, and gratuity. Alternative beverages may be purchased for additional cost. Attendance at the dinner is NOT INCLUDED in the congress registration fee.

New Investigators are invited to attend dinner at Al Amir for relaxed and information interaction with other Trainees in the field. The group will depart from the lobby of the Marriott at 18:30.
Plan to Attend ICE-CIM 2012 and ICCMR 2013

INTERNATIONAL CONGRESS FOR EDUCATORS IN COMPLEMENTARY & INTEGRATIVE MEDICINE

GEORGETOWN UNIVERSITY HOTEL & CONFERENCE CENTER | WASHINGTON DC, USA

www.ICECIM.org

Plan to Attend this Unique Forum for Educators in the Health Professions

October 24-26, 2012
Georgetown University Hotel & Conference Center
Washington DC, USA

www.ICCMR2013.org

ICCMR 2013
Long Term Conditions: developing global, integrative and sustainable solutions

8th annual ICCMR congress

11-13 APRIL 2013
Institute of Education, London WC1H 0AL

Organised by
in association with
supported by

24 2012 International Research Congress on Integrative Medicine and Health
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<tr>
<td>06:30 – 07:15</td>
<td><strong>Experiential Sessions</strong>&lt;br&gt;Yoga - led by Susan Gould-Fogerite&lt;br&gt;Resting in Awareness: An Effortless Approach to Meditation - led by John Astin&lt;br&gt;5km jog or 2.4km walk of the Portland Bridges - led by Oregon Active (<a href="http://www.OregonActive.com">www.OregonActive.com</a>)</td>
</tr>
<tr>
<td>07:30 – 17:00</td>
<td><strong>Registration</strong>&lt;br&gt;Registration Desk Lower Level 1</td>
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<td>07:00 – 08:00</td>
<td><strong>Continental Breakfast Buffet</strong>&lt;br&gt;Exhibit Hall Lower Level 2</td>
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<tr>
<td>07:00 – 08:00</td>
<td><strong>IAYT/NWYTC Breakfast</strong>&lt;br&gt;Mt. Hood Level 2</td>
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<tr>
<td>07:00 – 08:00</td>
<td><strong>CAHCIM Education Working Group</strong>&lt;br&gt;Hawthorne Level 2</td>
</tr>
</tbody>
</table>
08:00 – 09:45  Plenary Session 04 and 05  Chair: Robert Saper
Salons E/F  Lower Level 1

08:00 – 08:15  Recognition of Trainee Awards

08:15 – 09:00  Comparative Effectiveness Research: Implications for Practice and Policy
Michael Lauer
Director, Division of Cardiovascular Sciences, National Heart, Lung, and Blood Institute, USA

09:00 – 09:45  Developing a Methodological Framework to Improve the Quality and Relevance of Research in Integrative Medicine
Sean Tunis
Founder and Director, Center for Medical Technology Policy, USA
Former CMO, Centers for Medicare and Medicaid Services, USA

09:45 – 10:30  Beverage Break and Poster Viewing
Exhibit Hall  Lower Level 2

10:30 – 12:00  Concurrent Sessions
Salons A/B  Lower Level 1

S13  Integrative Pain Management: Meeting the Research Challenge of Clinical Effectiveness and Cost Efficiency
Heather Tick, Alex Cahana, Tobi Fishel

Salons C/D  Lower Level 1

S14  Low Back Pain: Standardization Issues in Manual Medicine Research and its Application to Evidence-Based Practice
Jacek Cholewicki, Christine Goertz, Partap Khalsa, Brian Degenhardt

Salon E  Lower Level 1

S15  What Can Comparative Effectiveness Research (CER) Contribute to Integrative Health? – An International Perspective
Brian Berman, Suzanne Grant, Mike Lauer, Sean Tunis, Claudia Witt
Thursday, May 17

Salon F, Lower Level 1

S16  Mechanisms of Stress Reduction and Resilience During Mindfulness-Based Interventions
Jeffrey Greeson, Erica Sibinga, Elizabeth Hoge, Kathleen Lustyk, Joel Grow, Wolf Mehling

Salons G/H, Lower Level 1

S17  Assessing the Safety of Pediatric CAM
Sunita Vohra, Denise Adams, Paula Gardiner, Trish Dryden

Salon I, Lower Level 1

S18  Acupuncture, Research And The Challenge Of Heterogeneity: What Can We Learn From Comparing Manual VS Electrical Acupuncture?
Richard Harris, Vitaly Napadow, Rosa Schnyder, Robert Davis

12:00 – 13:15  Lunch Sessions

Box lunches are available for pick up in the Ballroom Foyer. If you registered for a special meal, please present your name badge at the special meals station.

General Seating

Pearl, Mt. Hood | Level 2
Exhibit Hall | Lower Level 2

Salon E, Lower Level 1

Funding Your Research – New Opportunities and Strategic Partnerships
Organizers: Emmeline Edwards, Dan Cherkin
Speakers: Christine Goertz, Kristin Huntley, John Glowa, Emmeline Edwards

Salons C/D, Lower Level 1

Update for NCCAM Clinical Research Applicants: New Resources and Oversight Measures
Organizers: Emmeline Edwards, Wendy Weber
Speakers: Wendy Weber, Lee Alekel, Laura Lee Johnson

Columbia/Willamette, Lobby Level

Open Discussion: Integrative Pain Management Interest Group
Organizers: Heather Tick, Tobi Fishel

Belmont/Laurelhurst, Level 2

Meet the Speaker: Sean Tunis

Hawthorne, Level 2

Pediatrics Interest Group: Priority Research Topics and Methods for Health Services and Policy Research
Organizers: Christina Bethell, David Becker, Sunita Vohra
Speakers: Gurgeet Birdee, Cora Breuner, Karin Toupin, Sunita Vohra
Thursday, May 17

13:30 – 14:30 Oral Abstract Session 05:
Salons A/B
Education Involving CAM/IM
Lower Level 1
Chairs: Benjamin Kligler and Heather Boon

13:30 – 13:45
D Eisenberg, A Myrdal Miller, K McManus, M Erickson, G Drescher, J Burgess, A Bernstein, B Rosner, E Rimm, W Willett

13:45 – 14:00 Relationships Among Well-being and Wellness Behaviors Over Time in Residents in Eight Family Medicine Residencies
S Dodds, A Brooks, J Woytowicz, P Cook, R Benn, V Maizes, P Lebensohn

14:00 – 14:15 Impact of a Mind–Body Medicine Skills Course on Medical Students’ Perceived Stress, Mindfulness and Elements of Emotional Intelligence
K Motz, K Graves, C Gross, P Saunders, H Amri, N Harazduk, A Haramati

14:15 – 14:30 Inpatient Acupuncture Care: Establishing Hospital–wide Policy and Service at Beth Israel Medical Center (NYC)
D Nielsen, B Kligler, R Lee, W Merrell

13:30 – 14:30 Oral Abstract Session 06:
Salon E
Clinical: Movement and Manipulation
Lower Level 1
Chairs: Gert Bronfort and Karen Sherman

13:30 – 13:45 A Randomized Controlled Trial of 8–Form Tai Chi Improves Symptoms and Functional Mobility in Fibromyalgia Patients
S Mist, K Jones, C Sherman, J Carson, R Bennett, F Li

13:45 – 14:00 Impact of Tai Chi Exercise on Multiple Fracture–Related Risk Factors in Post-Menopausal Osteopenic Women: A Pilot Pragmatic, Randomized Trial
P Wayne, D Kiel, J Buring, P Bonato, G Yeh, C Cohen, C Mancinelli, R Davis
14:00 - 14:15  Spinal Manipulative Therapy, Supervised Rehabilitative Exercise and Home Exercise for Seniors with Neck Pain  
M Maiers, G Bronfort, R Evans, J Hartvigsen, K Svendsen, Y Bracha, C Schulz, K Schulz, R Grimm

OA06.03

14:15 - 14:30  Dose-Response of Spinal Manipulation for Chronic Low Back Pain: Pain and Disability Outcomes from a Randomized Controlled Trial  
M Haas, D Vavrek, D Peterson

OA06.04

13:30 – 14:30  Oral Abstract Session 07: Clinical: Naturopathic and Herbal Approaches  
Chairs: Ather Ali and Wendy Weber

OA07.01

OA07.02

OA07.03

OA07.04
### Thursday, May 17

**Oral Abstract Session 08:**
Basic Science Mechanisms

**Chairs:** Hakima Amri and Kenji Watanabe

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Authors</th>
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| 13:30 – 14:30 | **Salon G/H**<br>Lower Level 1<br>**Oral Abstract Session 08:**<br>Basic Science Mechanisms<br>**Chairs:** Hakima Amri and Kenji Watanabe | **Cholecystokinin Antagonizes**<br>Opioid Function during Electroacupuncture Inhibitory Effect on Pressor Reflex in Rats<br>**M Li, S Tjen-A-Looi, Z Xu, E Choi, J Ho, J Longhurst**<br>**13:30 - 13:45**<br>**OA08.01**<br>**Cholecystokinin Antagonizes**<br>Opioid Function during Electroacupuncture Inhibitory Effect on Pressor Reflex in Rats<br>**M Li, S Tjen-A-Looi, Z Xu, E Choi, J Ho, J Longhurst**<br>**13:30 - 13:45**<br>**OA08.01**<br>**Differential Acute Effects of Real and Sham Acupuncture on mu-Opioid Receptor Availability in Treatment Naive and Conditioned Chronic Pain Patients**<br>**N Akbar, J Zubieta, T Love, D Clauw, R Harris**<br>**13:45 - 14:00**<br>**OA08.02**<br>**Electroacupuncture Alleviates Hyperalgesia by Inhibiting Spinal Interleukin-17 in an Inflammatory Pain Rat Model**<br>**R Zhang, X Meng, Y Zhang, X Shen, A Li, B Berman, K Ren, P Wei, L Lao**<br>**14:00 - 14:15**<br>**OA08.03**<br>**Brain Circuitry Subserving Acupuncture Relief of Itch in Atopic dermatitis: An fMRI Study**<br>**V Napadow, A Li, M Loggia, J Kim, P Schalock, E Lerner, B Rosen, T Kaptchuk, F Pfab**<br>**14:15 - 14:30**<br>**OA08.04**<br>**14:30 – 14:45**| **Break**<br>**14:30 – 14:45**<br>**OA08.04**
14:45 – 15:45  
Oral Abstract Session 09:  
Clinical: Touch Therapies  
Chairs: Trish Dryden and Mary Koithan

14:45 – 15:00  
**Massage Therapy for Osteoarthritis of the Knee: A Randomized Dose-Finding Trial**  
A Perlman, A Ali, V Njike, D Hom, A Davidi, S Gould-Fogerite, C Milak, D Katz

15:00 – 15:15  
**Observation on Effects of 10.6µm Laser Moxibustion in Patients with Knee Osteoarthritis: A Double-Blind, Randomized, Controlled Study**  
F Wu, L Zhao, W Lizhen, H Zhang, L Lao, X Shen

15:15 – 15:30  
**Stress Reduction using Massage in Cardiac Surgery Patients**  
L Braun, C Stanguts, L Casanelia, O Spitzer, E Paul, N Vardaxis, F Rosenfeldt

15:30 – 15:45  
**Neonatology and Osteopathy (NEO) study: effect of OMT on preterms’length of stay**  
F Cerritelli, G Pizzolorusso, F Ciardelli, E La Mola, C Renzetti, V Cozzolino, G Barlafante

14:45 – 15:45  
Oral Abstract Session 10:  
Clinical: Yoga Research  
Chairs: Sat Bir Khalsa and Kim Innes

14:45 – 15:00  
**The Yoga Dosing Study: Comparing Once vs. Twice per Week Yoga Classes for Chronic Low Back Pain in Predominantly Low Income Minority Populations**  
R Saper, A Boah, J Keosaian, J Weinberg, K Sherman

15:00 – 15:15  
**Yoga for Women with Breast Cancer Undergoing Radiotherapy (XRT): A Randomized Clinical Trial with an Active Stretching Control Group**  
L Cohen, K Chandwani, N Raghuram, R Haddad, G Perkins, A Spelman, R agarathna, K Johnson, A Fortier, B Arun, Q Wei, C Kirschbaum, H Nagendra
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<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Chair(s)</th>
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<tbody>
<tr>
<td>15:15 - 15:30</td>
<td>Improved Activity, Participation, and Quality of Life for Individuals with Chronic Stroke Following an 8-Week Yoga Intervention</td>
<td>M Van Puymbroeck, A Schmid, K Miller, N Schalk</td>
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<td>15:30 - 15:45</td>
<td>Effectiveness of Integrated Yoga Therapy in Treatment of Chronic Migraine: Randomized Controlled Trial</td>
<td>P Sharma, N Sharma</td>
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<tr>
<td>14:45 - 15:00</td>
<td>Integrative Care for the Management of Low Back Pain: Design of a Clinical Care Pathway</td>
<td>M Maiers, K Westrom, C Legendre, G Bronfort</td>
</tr>
<tr>
<td>15:00 - 15:15</td>
<td>A Model Of Integrative Care For Low Back Pain</td>
<td>D Eisenberg, J Buring, A Hrbek, R Davis, M Connelly, D Cherkin, D Levy, M Cunningham, B O'Connor, D Post</td>
</tr>
<tr>
<td>15:15 - 15:30</td>
<td>Mediators of the Effects of Yoga and Stretching on Chronic Low Back Pain (cLBP) Outcomes: Results from the YES RCT</td>
<td>K Sherman, R Wellman, A Cook, D Cherkin</td>
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<tr>
<td>15:30 - 15:45</td>
<td>Psychosocial Outcomes from the Chiropractic and Integrative Care Low Back Pain Randomized Clinical Trial</td>
<td>K Westrom, G Bronfort, R Evans, M Maiers</td>
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<td>Time</td>
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<tr>
<td>14:45 – 15:45</td>
<td>Oral Abstract Session 12: Health Services Research: Surveys</td>
<td>chairs: Jon Tilburt and Suzanna Zick</td>
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<tr>
<td>14:45 – 15:00</td>
<td>Analysis of FDA Mandated Dietary Supplement Adverse Event Reports (AER) 2008-2009</td>
<td>M Hardy, S Stumpf, M Zimmerman, C Carr</td>
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<tr>
<td>15:00 – 15:15</td>
<td>CAM Utilization among Underserved Patients in a Safety-Net Hospital</td>
<td>P Gardiner</td>
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<td>15:45 – 16:15</td>
<td>Beverage Break and Poster Viewing</td>
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<tr>
<td>16:15 – 17:15</td>
<td>Preview of ICCMR 2013 and Plenary Session 06</td>
<td>Chair: Adam Perlman</td>
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<tr>
<td>16:30 – 17:15</td>
<td>International Perspectives on Acupuncture Research – Where Do We Stand, Where Should We Go?</td>
<td>Claudia Witt</td>
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</table>

*Professor of Medicine, Vice Director of the Institute for Social Medicine, Epidemiology and Health Economics, University Medical Center Charité Berlin, Germany President International Society for Complementary Medicine Research (ISCMR)*
Poster Session 02 and Reception

Poster Session 02 and Reception are sponsored by Global Advances in Health and Medicine and the Consortium of Academic Health Centers for Integrative Medicine.

The following posters will be presented during Poster Session 02.

Basic Science  P01.22 – P01.41
Clinical Research  P02.75 – P02.149
Education  P03.08 – P03.14
Health Services Research  P04.42 – P04.78
Research Methodology  P05.24 – P05.49
**Program**

**Friday, May 18**

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<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>06:30 – 07:15</td>
<td><strong>Experiential Sessions</strong></td>
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<td>Meadowlark/ Douglas Fir</td>
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<td>- Sunstone</td>
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<td>- Resting in Awareness: An Effortless</td>
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<td>- Yoga - led by Susan Gould-Fogerite</td>
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<td>- Meditation - led by John Astin</td>
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<td>- Qigong</td>
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<td>07:30 – 18:00</td>
<td><strong>Registration</strong></td>
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<td>Lower Level 1</td>
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<td>07:30 – 13:30</td>
<td><strong>Plenary/Oral Abstract Speaker Check-In</strong></td>
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<td>Portland</td>
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<td>07:00 – 08:00</td>
<td><strong>Continental Breakfast Buffet</strong></td>
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<td>Exhibit Hall</td>
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<td>08:00 – 09:30</td>
<td><strong>Plenary Session 07 and 08</strong></td>
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<td>Chair: David Eisenberg</td>
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<td>Salons E/F</td>
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<tr>
<td>08:00 – 08:45</td>
<td><strong>The Science of Inactivity and Activity in</strong></td>
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<td>the Prevention of Chronic Disease</td>
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<td>William Haskell</td>
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<td>Stanford Prevention Research Center, USA</td>
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<td>Stanford University School of Medicine, USA</td>
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<td>08:45 – 09:30</td>
<td><strong>Diet and Health: A Progress Report</strong></td>
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<td>Walter Willett</td>
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<td>Fredrick John Stare Professor of Epidemiology</td>
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<td>and Nutrition</td>
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<td>Chair, Department of Nutrition</td>
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<td>Harvard School of Public Health, USA</td>
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</table>
Visit the Exhibit Hall for refreshments and the third and final poster session of the 2012 Congress.

The following posters will be presented during Poster Session 03.

<table>
<thead>
<tr>
<th>Basic Science</th>
<th>P01.42 – P01.56</th>
</tr>
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<tbody>
<tr>
<td>Clinical Research</td>
<td>P02.150 – P02.197</td>
</tr>
<tr>
<td>Education</td>
<td>P03.15 – P03.17</td>
</tr>
<tr>
<td>Health Services Research</td>
<td>P04.79 – P04.90</td>
</tr>
<tr>
<td>Research Methodology</td>
<td>P05.50 – P05.73</td>
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Concurrent Sessions

Salons A/B
Lower Level 1  
S19  Health Care Disparities in Complementary and Alternative Medicine  
Paula Gardiner, Ama Boah, Katherine Barnett, Maria Chao, Keturah (Kim) Faurot

Salons C/D
Lower Level 1  
S20  The State of the Art and Science in Creative Arts Therapies – with a Focus on Treatment of Trauma  
Jeremy Nobel, Marcia Rosal, Sherry Goodill, Stephen Snow, Bryan Hunter

Salon E
Lower Level 1  
S21  Natural Health Product Research: The Next Frontier  
Heather Boon, David Eisenberg, Susan Murch, Richard van Breemen

Salon F
Lower Level 1  
S22  Role of Complementary and Alternative Medicine in Promoting Healthy Behaviors: How Health Behavior Theory & Conceptual Frameworks Improve Study Design  
Wendy Weber, Robin Mermelstein, Jeffrey Fisher, Jennifer Hay
Salons G/H
Lower Level 1

S23  Research Design and Methodology for Ayurveda as a Whole System of Medicine
Christian S. Kessler, Anand Dhruva, Jennifer Rioux, P. Ram Manohar

Salon I
Lower Level 1

S24  Cost Savings of Integrative Medicine: Systematic Review and Results from Studies of Medical Home, Medicare Demonstration Project and 2 Hospitals
Jeffery Dusek, Patricia Herman, Michael Erikson, William Stason, Benjamin Kligler

12:00 – 13:15  Lunch Sessions

Boxed lunches are available for pick up in the Ballroom Foyer. If you registered for a special meal, please present your name badge at the special meals station.

General Seating
Pearl | Level 2
Columbia/Willamette | Lobby Level
Exhibit Hall | Lower Level 2

Salon E
Lower Level 1

Characteristics of Successful Training Applications, Applicants, and Mentors (NCCAM Resource Lunch)
Organizers: Emmeline Edwards and Wendy Weber
Speakers: Wendy Weber, Peter Kozel, Alberto Rivera-Rentas

Mt. Hood
Level 2

Consortium of Academic Health Centers for Integrative Medicine (CAHCIM) Information Lunch
Organized by: Janet Polli, Executive Director, and other members of the Consortium

Belmont/Laurelhurst
Level 2

Meet the Speaker: William Haskell

Hawthorne
Level 2

IM/CAM in the US Department of Veterans Affairs
Organizers: US Department of Veterans Affairs and Samueli Institute
Speakers: Kennita Carter, Laura P. Krejci
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<th>Time</th>
<th>Session</th>
<th>Title</th>
<th>Authors</th>
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<tbody>
<tr>
<td>13:30 – 14:30</td>
<td>Oral Abstract Session 13: CAM/IM in Educational Settings</td>
<td>Promoting Safe and Integrated Maternity Care through Interprofessional Education</td>
<td>A Steel, H Diezel, D Sibbritt, J Adams</td>
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<tr>
<td>13:30 – 14:45</td>
<td>Oral Abstract Session 14: Clinical: Efficacy, Effectiveness and Mechanisms</td>
<td>Relaxation-Induced Anxiety: Predictors and Subjective Explanations among Young Adults</td>
<td>C Luberto, S Cotton, A McLeish</td>
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<td>14:00 - 14:15</td>
<td>Effects of Yoga on Sleep, Mood, and Related Outcomes in Older Women with Restless Legs Syndrome: A Nested Randomized Controlled Trial (RCT)</td>
<td>K Innes, T Selfe, G Alexander, C Bourguignon, A Taylor, I Hinton</td>
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<tr>
<td>14:15 - 14:30</td>
<td>A Randomized Controlled Trial of Spinal Manipulation, Medication or Home Exercise for Acute and Subacute Neck Pain</td>
<td>G Bronfort, R Evans, A Anderson, K Svendsen, Y Bracha, R Grimm</td>
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<tr>
<td>14:30 - 14:45</td>
<td>Hypnosis for Hot flashes: Results From a Randomized Clinical Trial and Future Directions</td>
<td>G Elkins, W Fisher, A Johnson</td>
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<tr>
<td>13:30 - 13:45</td>
<td>Use of Self-Care Habits Among Graduates of the HEART Program and Association with Physician Burnout</td>
<td>M Dossett, W Kohatsu, W Nunley, D Mehta, R Davis, R Phillips, G Yeh</td>
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<tr>
<td>13:45 - 14:00</td>
<td>Quantitative Findings from Piloting the LEAP Project: An Online Spirituality Based Depression Intervention for Young Adults</td>
<td>S Moritz, J Toews, B Rickhi, P Paccagnan, S Malhotra, C Hart, R Maser, J Cohen</td>
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<tr>
<td>14:00 - 14:15</td>
<td>Cost Savings Associated with Mindfulness Meditation and Moderate Exercise Intervention in the Common Cold (The MEPARI Study)</td>
<td>D Rakel, B Barrett, M Mundt, L Fortney, T Ewers</td>
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<tr>
<td>14:15 - 14:30</td>
<td>Accelerating the Healing of Bone Fracture Using Homeopathy: A Prospective, Randomized Double-Blind Controlled Study</td>
<td>S Sharma, N Sharma, R Sharma</td>
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### Oral Abstract Session 16:
*Practice: Based Outcomes and Survey Research*

**Chairs:** Margaret Chesney and Samantha Simmons

<table>
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<tr>
<th>Time</th>
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<th>Authors</th>
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<tbody>
<tr>
<td>13:30 - 13:45</td>
<td><strong>Patients, physicians, and CAM Providers Regard Communication as Central for Integrating Conventional and CAM Therapies for Chronic Pain</strong></td>
<td>C Ritenbaugh, L Penney, L DeBar, D Welch, J Schneider, C Catlin, A Firemark, C Elder</td>
</tr>
<tr>
<td>13:45 - 14:00</td>
<td><strong>Longitudinal Collection of Patient-Related Outcomes in Integrative Medicine Clinics: A Pilot study from the BraveNet Practice Based Research Network</strong></td>
<td>J Dusek, D Abrams on behalf of the BraveNet Practice Based Research Network</td>
</tr>
<tr>
<td>14:00 - 14:15</td>
<td><strong>Patients Seek Integrative Medicine for Preventive Approach to Health</strong></td>
<td>R Wolever on behalf of the BraveNet Practice Based Research Network</td>
</tr>
<tr>
<td>14:15 - 14:30</td>
<td><strong>Women’s Sources of Information for CAM use during Pregnancy</strong></td>
<td>J Frawley, D Sibbritt, J Adams, A Steel, J Wardle, A Broom, C Lui, V Murthy</td>
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<td>14:30 – 15:00</td>
<td><strong>Beverage Break and Poster Viewing</strong></td>
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<tr>
<td>15:00 – 16:30</td>
<td><strong>Concurrent Sessions</strong></td>
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</tbody>
</table>
| Salons A/B   | S25 Towards an Integrated Understanding of Scientific and Methodological Issues in Biofield/Bioenergetic Therapies  
Shamini Jain, Richard Hammerschlag, Ann Baldwin, Gloria Gronowitz, Susan Lutgendorf, Garret Yount, James Oschman |
| Lower Level 1 |                                                                                      |
| Salons C/D   | S26 Conducting Research on Integrative Cancer Symptomology: Focus on Research Challenges, Successes and Resources in Clinical Research  
Suzanna Zick, Kara Kelly, Jun Mao, Judy Fouladbachsh, Sundhya Pruthi, Eran Ben-Arye |
| Lower Level 1 |                                                                                      |
| Salon E      | S27 Yoga as Therapy: Rationale and Research  
Sat Bir Khalsa, Robert Saper, Chris Streeter, Kim Innes |
| Lower Level 1 |                                                                                      |
| Salon F      | S28 Integrative Medicine for Women: State of the Science  
Margaret Chesney, Noel Bairey-Merz, Julienne Bower, Judith Balk |
| Lower Level 1 |                                                                                      |
| Salons G/H   | S29 Advancing Outcomes Measurement and Data Collection in Integrative Medicine Clinical Research Using NIH PROMIS and Assessment Center Applications  
David Victorson, Melinda Ring |
| Lower Level 1 |                                                                                      |
| Salon I      | S30 Integrative Medicine Educational Models in Residency: Research Design, Methods, and Outcomes  
Patricia Lebensohn, Sally Dodds, Benjamin Kligler, Rita Benn, Christin Scheffer |
<p>| Lower Level 1 |                                                                                      |
| 16:30 – 16:50 | <strong>Beverage Break and Poster Viewing</strong>                                                |
| Exhibit Hall  |                                                                                      |
| Lower Level 1 |                                                                                      |</p>
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<th>Time</th>
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<tr>
<td>16:50 – 18:00</td>
<td><strong>Trainee Poster Awards and Closing Plenary</strong></td>
<td><strong>Chair:</strong> Aviad Haramati</td>
</tr>
<tr>
<td>16:50 – 17:00</td>
<td><strong>Announcement of Trainee Poster Awards</strong></td>
<td>Heather Boon, President Elect of ISCMR</td>
</tr>
<tr>
<td>17:00 – 17:10</td>
<td><strong>Reflection on IRCIMH 2012</strong></td>
<td>David Eisenberg</td>
</tr>
<tr>
<td>17:10 – 17:50</td>
<td><strong>Perspectives from Across the Globe</strong></td>
<td>Emmeline Edwards, USA</td>
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<tr>
<td></td>
<td></td>
<td>Peter Fisher, UK</td>
</tr>
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<td></td>
<td></td>
<td>Kerryn Phelps, Australia</td>
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<tr>
<td>17:50 – 18:00</td>
<td><strong>Closing Remarks</strong></td>
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</table>
### MARRIOTT ROOM

<table>
<thead>
<tr>
<th>Number</th>
<th>Room Name</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Medowlark/Douglas Fir</td>
<td>Level 3</td>
</tr>
<tr>
<td>2</td>
<td>Salmon and Patio</td>
<td>Level 3</td>
</tr>
<tr>
<td>3</td>
<td>Sunstone</td>
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1. **Experiential Sessions: Yoga**
2. **Experiential Sessions: Tai Chi, Qigong**
3. **Experiential Sessions: Meditation**

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<table>
<thead>
<tr>
<th>Number</th>
<th>Room Name</th>
<th>Level</th>
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<tbody>
<tr>
<td>1</td>
<td>Belmont/Laurelhurst</td>
<td>Level 2</td>
</tr>
<tr>
<td>2</td>
<td>Hawthorne</td>
<td>Level 2</td>
</tr>
<tr>
<td>3</td>
<td>Mt. Hood</td>
<td>Level 2</td>
</tr>
<tr>
<td>4</td>
<td>Pearl</td>
<td>Level 2</td>
</tr>
</tbody>
</table>

1. Registration on Tuesday, May 15, Lunch Sessions
2. CAHCIM Working Groups, Lunch Sessions
3. Pre-Congress Workshops, New Investigator Lunch, IAYT/NWYTC Breakfast
4. Pre-Congress Workshops, CAHCIM Reserach Working Group, Lunch Sessions

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<table>
<thead>
<tr>
<th>Number</th>
<th>Room Name</th>
<th>Level</th>
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<tbody>
<tr>
<td>1</td>
<td>Columbia/Willamette</td>
<td>Lobby Level</td>
</tr>
<tr>
<td>1</td>
<td>Portland</td>
<td>Lower Level 1</td>
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<tr>
<td>2</td>
<td>Registration Desk</td>
<td>Lower Level 1</td>
</tr>
<tr>
<td>3</td>
<td>Salons A – I</td>
<td>Lower Level 1</td>
</tr>
<tr>
<td>1</td>
<td>Exhibit Hall</td>
<td>Lower Level 2</td>
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</tbody>
</table>

1. Pre-Congress Workshops, Lunch Sessions
2. Speaker Check-In, Oral Abstract and Plenary Check-In
3. Registration Wednesday, Thursday, Friday
4. Tuesday Evening Receptions, Plenary, Concurrent, and Oral Abstract Sessions
5. Poster Sessions, Beverage Breaks
<table>
<thead>
<tr>
<th>Tuesday, May 15</th>
<th>Wednesday, May 16</th>
<th>Thursday, May 17</th>
<th>Friday, May 18</th>
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<tbody>
<tr>
<td><strong>Registration</strong></td>
<td>08:00 - 19:00</td>
<td>Registration</td>
<td>07:00 - 19:00</td>
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<tr>
<td><strong>ALL DAY</strong></td>
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<tr>
<td><strong>PRE-Congress Workshops</strong></td>
<td>09:00 - 17:00</td>
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<tr>
<td>Evidence-based CAM</td>
<td>Mt. Hood, L2</td>
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<td>Clinical Hypnosis</td>
<td>Pearl, L2</td>
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<tr>
<td>Health Coaching: State of the Science</td>
<td>Columbia/Willamette, Lobby L</td>
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<tr>
<td><strong>LUNCH ON OWN</strong></td>
<td>12:00 - 14:00</td>
<td>12:00 - 14:00</td>
<td>12:00 - 14:00</td>
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<tr>
<td><strong>AFTERNOON</strong></td>
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<tr>
<td><strong>Pre-Congress Workshops</strong></td>
<td>14:00 - 17:00</td>
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<tr>
<td>Writing a CAM Grant</td>
<td>Mt. Hood, L2</td>
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<tr>
<td>Systematic Review Research Methods Training</td>
<td>Pearl, L2</td>
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<tr>
<td>Fostering Empathy</td>
<td>Columbia/Willamette, Lobby L</td>
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<tr>
<td>Poster Session 01 Setup / Participating Organization Check-In</td>
<td>16:30 - 20:00</td>
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<tr>
<td><strong>Plenary/Oral Abstract Speaker Check-In</strong></td>
<td>07:00 - 14:45</td>
<td>Portland, LL1</td>
<td>Portland, LL1</td>
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<tr>
<td><strong>Concurrent Sessions</strong></td>
<td>S01 – S06</td>
<td>10:30 – 12:00</td>
<td>LL1</td>
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<tr>
<td><strong>Lunch Sessions</strong></td>
<td>12:00 – 13:15</td>
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<td><strong>Oral Abstract Sessions</strong></td>
<td>OA01 – OA04</td>
<td>13:30 – 14:30</td>
<td>LL1</td>
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<tr>
<td><strong>Break</strong></td>
<td>14:30 – 14:45</td>
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<tr>
<td><strong>Poster Viewing / Break</strong></td>
<td>15:45 – 16:15</td>
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<tr>
<td><strong>Concurrent Sessions</strong></td>
<td>S07 – S12</td>
<td>14:45 – 15:45</td>
<td>LL1</td>
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<tr>
<td><strong>Site Visits</strong></td>
<td>(see page 9, 22)</td>
<td>17:20 – 19:30</td>
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<tr>
<td><strong>NEW Investigator Reception</strong></td>
<td>19:00 – 20:00</td>
<td>Salons A/D, LL1</td>
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<tr>
<td><strong>Welcome Reception</strong></td>
<td>18:30 – 20:00</td>
<td>Salons E/F, LL1</td>
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<tr>
<td><strong>New Investigator Reception</strong></td>
<td>19:00 – 20:00</td>
<td>Salons A/D, LL1</td>
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</tr>
<tr>
<td><strong>Evening Events</strong></td>
<td>(see page 9, 22)</td>
<td>18:30 – 19:30</td>
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